



## Patti LaBelle's Holiday Party

### TV One

#### Delicious Skillet Cabbage

Recipe Courtesy of Patti LaBelle

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#### Ingredients:

- 1 teaspoon grapeseed oil
- 1 head green cabbage (2 pounds), shredded
- 1 large onion, diced
- 1 medium green bell pepper, diced
- 2 medium carrots, sliced and par-boiled *optional*
- 1 cup chicken stock
- 1/2 teaspoon sea salt
- 1/2 teaspoon seasoning salt
- 1/4 teaspoon black pepper
- 1/4 teaspoon cayenne pepper

#### Method:

1. Heat the grapeseed oil in a large pot over medium-high heat. Add the cabbage, onions, bell peppers, carrots, stock, sea salt, seasoning salt, black pepper and cayenne. Cook, covered, stirring occasionally, until the cabbage is wilted and tender, 10 minutes.